

Trends in Health Care Costs

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January 14, 2016

- I. Introduction (2 minutes)
- II. Actual and Projected Growth in Health Spending by Component (13 minutes)
 - A. Major Findings
 - B. Health care spending
 - 1. Spending per capita
 - 2. Prescription drugs
 - 3. Medicare
- III. Impact of Employee Out of Pocket Obligations (5 minutes)
- IV. How Do "We" Spend our Health Care Dollars? (5 minutes)
- V. Accountable Care Organizations (10 minutes)
 - A. Forms of Value Based Payment
 - B. Will They Improve Quality and Save Money?
- VI. HHS Sets Goals for Shifting Medicare Reimbursements (4 minutes)
 - A. Volume to Value
- VII. The Changing Environment (10 minutes)
 - A. Insurers and Institutional Providers
 - B. Likely Effects of these developments
 - C. Hospital Pricing Policies
 - D. Payment Methodologies
- VIII. Health Care Exchanges (5 minutes)
- IX. Wellness Programs (4 minutes)
 - A. Background
 - B. Incentives
 - C. Penalties
 - D. HIPAA Regulations
 - E. EEOC Proposed Regulations
- X. Questions (2 minutes)

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1. Bibliography

Available upon request.

2. Course Objectives

To provide the data and perspective needed to explain to our clients the reasons for the rising cost of healthcare and what will continue to drive premiums in the future.

3. Attendees will learn:

1. Actual and projected growth in health spending
2. The impact of employee out of pocket obligations
3. Review of Accountable Care Organizations
4. HHS goals
5. About the changing environment of health care
6. The impact of wellness programs

4. Tuition and Refund Policy

This one hour CE class is being offered at \$20.00 to members. To obtain a refund of prepaid fees one must cancel by 5:00 pm of the day preceding the program by calling Shelly Brownell, GCAHU Education Committee Co-Chairperson, at (513) 241-7675.